


# Otterbein EEC - September 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast:</p> <p>One of the following cereals are daily:</p> <p>Multi-Grain Cheerios</p> <p>Rice Chex</p> <p>Life</p> <p>Corn Chex</p> <p>Kix</p> <p>Quaker Oatmeal Squares</p> <p>All cereals are whole grain.</p> <p>-----</p> <p>100% fruit juice served with cereal breakfast only; milk served at all other meals</p> <p>Children under age 2 served whole milk; children over age 2 served 1% milk</p> <p>-----</p>					1 Chicken salad sand, cucumbers, strawberries <b>Triscuits</b>
	4 <b>LABOR DAY</b> 	5 Tilapia, roll, broccoli, watermelon <b>Chips &amp; salsa</b>	6 Chef salad, crackers, oranges <b>Yogurt w/ granola</b>	7 Chicken tenders, peas, roll, pineapples <b>Saltines w/jelly</b>	8 Turkey & cheese sand, carrots*, banana <b>Strawberry waf graham</b>
	11 Hot dogs, baked beans, butter bread, mand orang <b>Chex Mix</b>	12 Ham & green beans, cornbread, mixed fruit <b>Bagels w/ cream cheese</b>	13 Taco, corn, tropical fruit <b>Raisins</b>	14 Grilled chicken sand, lima beans, peaches <b>Pretzels &amp; cheese</b>	15 Bologna & cheese sand, cucumbers, strawberries <b>Triscuits</b>
	18 Sloppy joe sand, green beans, pears <b>Goldfish</b>	19 Chicken nuggets, broccoli, roll, watermelon <b>Chips &amp; salsa</b>	20 Tortellini, salad, oranges <b>Yogurt w/ granola</b>	21 Pizza, peas, pineapples <b>Saltines w/jelly</b>	22 Han & cheese wrap, carrots*, banana <b>Strawberry waf graham</b>
	25 Cheesy chicken & rice, cauliflower, mand orang <b>Chex mix</b>	26 Fish sticks, roll, peas mixed fruit <b>Bagels w/ cream cheese</b>	27 Ham & cheese slider, mixed veggies, tropical fruit <b>Raisins</b>	28 Chicken quesadilla, corn, peaches <b>Pretzels &amp; cheese</b>	29 Chicken salad sand, cucumbers, strawberries <b>Triscuits</b>
	<p>* indicates children 2 and under will be served cooked carrots in place of raw veggies.</p>				